# Global U Program

## Plan Phase
Before Program
- Register for Global U Program in program online application
- Pay Global U Program registration fee in program online application
- Complete the “Global U Program: Plan Phase” questionnaire in Learning Abroad online program application before going abroad

## Learn Phase
During Program
- Complete a minimum of 3 internship credits while abroad
- Complete a minimum of 25 hours of business visits, internships, job shadowing, networking, career counseling & informational interviews while abroad
- Complete the “Learn Career Development Badge” questionnaire in Learning Abroad online program application while abroad
- Complete a minimum of 3 service-learning or community engagement credits while abroad
- Complete a minimum of 25 hours of a community service project while abroad
- Complete the “Learn Community Engagement Badge” questionnaire in Learning Abroad online program application while abroad
- Complete a minimum of 6 language credits (includes courses taught in host country language) while abroad
- Complete a minimum of 96 hours attending pre-sessional/non-credit language classes while abroad
- Complete the “Learn Language Immersion Badge” questionnaire in Learning Abroad online program application while abroad
- Complete a minimum of 3 research credits (or special designation) while abroad
- Complete a minimum of 25 hours on a research project while abroad
- Complete the “Learn Research Experience Badge” questionnaire in Learning Abroad online program application while abroad

## Integrate Phase
After Program
- Complete this non-graded, non-transcripted seminar that addresses the emotional, intellectual, and practical challenges of integrating a learning abroad experience into life at home. At the end of the seminar, answer 3-4 reflection questions to help you articulate how your experiences abroad relate to your personal, academic, and professional goals.
- Attend a minimum of 1 Learning Abroad event for returned students. There are dozens of approved events for returned students each year. A list of pre-approved events can be found on the Global U Program website. For the most up to date information about events, please contact Learning Abroad.
- Write content for a testimonial about your Learning Abroad experience that Learning Abroad can publish on its website. Articulate how you earned your Learn Phase badge(s), what you gained from your experience, as well as how you plan on applying and building on the transferable skills you gained now that you have returned from your program.

## Requirements

<table>
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<tr>
<th>FOR-CREDIT ACTIVITIES</th>
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